

REPORT ON
NATIONAL EPILEPSY DAY- 2025

The Pharmacology Club of Nalla Narasimha Reddy (NNR) School of Pharmacy organised an awareness program in observance of National Epilepsy Day on 17th November 2025. The primary objective of the program was to create awareness about epilepsy, dispel common myths and misconceptions, and educate students on the importance of early diagnosis, appropriate treatment, and social support for individuals living with epilepsy.

The awareness session was delivered by Ms. T. Sunanda, Assistant Professor, Department of Pharmacology, School of Pharmacy, NNRG. During her presentation, she explained the fundamentals of epilepsy, including its causes, types, signs and symptoms, diagnosis, treatment options, and emergency first-aid measures during an epileptic seizure. She also emphasised the importance of medication adherence, regular medical follow-up, and lifestyle modifications in the effective management of epilepsy.

The speaker highlighted the need to eliminate the stigma associated with epilepsy and encouraged students to become advocates for creating awareness in society. She stressed that epilepsy is a manageable neurological disorder and that timely medical intervention can significantly improve the quality of life of affected individuals.

The program was attended by 68 third-year B.Pharmacy students, along with the faculty members of the School of Pharmacy. The session was highly interactive, with students actively participating by asking relevant questions and discussing practical scenarios related to epilepsy management. The speaker addressed all the queries comprehensively, making the session informative and engaging.

The awareness program concluded with a vote of thanks, expressing gratitude to the resource person, faculty members, and students for their enthusiastic participation. Overall, the event successfully enhanced students' knowledge about epilepsy and reinforced the importance of spreading awareness, promoting empathy, and supporting individuals affected by the condition. The program served as a valuable educational initiative and motivated students to contribute towards improving public awareness about epilepsy and neurological health.



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